



FOR IMMEDIATE RELEASE

## Ping-Pong Parkinson's Championship In Pleasantville

PLEASANTVILLE, N.Y., Jan. 18 — The **Westchester Table Tennis Center** will host its **2018 Winter Championship for Players with Parkinson's** on Saturday, **Feb. 17**, Noon to 6 pm.

In the first-ever table tennis tournament of its kind, Parkinson's players from New York and all over the world will face other competitors — handicapped by the degree of their symptoms as well as their skill level. This will allow players of varying abilities to fairly compete against each other.

The full list of events, with the schedule and a link to the registration form, appears [here](#). It costs \$30 to compete in an unlimited number of matches. Signup can be done at the door. Cash prizes and trophies will be awarded, including \$100 for first and \$50 for second. Spectators are free.

This tournament is the first of several events being planned to mark **Ping Pong Parkinson's Night One-Year Anniversary**, to be celebrated at the **Westchester Table Tennis Center** on Wednesday, Feb. 28.

Since starting on Mar. 1 last year, **Ping Pong Parkinson's Night** has united Parkinson's patients from all over the region to raise awareness of the disease and to improve the physical and emotional health of those diagnosed.

Nenad Bach, the founder of the program, who was diagnosed with Parkinson's six years ago, discovered that since he started playing table tennis two to three times a week, his Parkinson's symptoms lessened considerably — by more than 50%, he believes. His doctor noticed and commented, too.

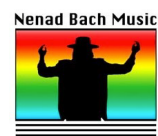
The **Westchester Table Tennis Center** is one of the largest table tennis facilities in the country and draws players of all ages and skill levels. It is owned by Will Shortz, the crossword editor of the New York Times and an avid table tennis player himself.

Table tennis (ping pong) is the world's most popular racket sport. It is the second-most popular participatory sport in the world, behind only soccer. It has been an Olympic sport since 1988.

*For more information, contact Irene Silbert: (914) 523-8783; irene84@gmail.com. For information about the WTTC: (914) 741-0738, or visit [www.westchestertabletennis.com](http://www.westchestertabletennis.com).*

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Advisory board: Dr. Stephen Frucht, Dr. David Russell, Dr. Art Dubow, Dr. Ivo Bach, Robert Fuhrer, Joel Levinson